

SCHEDULE NOVEMBER 2020

MON	TUE	WED	THU	FRI
10:00-12:00 AcroYoga Johanna	10:00-11:00 Flexibility Laure	10:00-11:30 Aerial Silks & Hoop Lau & Jo	10:00-11:00 Flexibility Laure	10:00-11:30 Pole Dance Laure
	11:30-13:00 Aerial Silks & Hoop Lau & Jo		★ 12:00-13:00 Flexibility Online Laure	
16:30-17:30 Circus Kids Lau & Jo	15:30-16:30 Circus Kids Lau & Jo	16:30-17:30 Circus Kids Lau & Jo		16:30-17:30 Circus Kids Lau & Jo
18:00-19:00 Yoga & Handstands Johanna	17:00-18:00 Pilates Jessica	18:00-20:00 AcroYoga Johanna	17:00-18:00 Pilates Jessica	18:00-19:00 Therapeutic Movement Martin
19:30-21:00 Aerial Silks & Hoop Lau & Jo	18:30-20:00 Pole Dance Laure		19:30-21:00 Aerial Silks & Hoop Lau & Jo	19:30-20:30 Movement for surfers Martin



PRICES: MONTHLY SUBSCRIPTION ONCE / TWICE A WEEK OR SINGLE DROP IN CLASS

ACRO, POLE DANCE, AERIAL SILKS&HOOP: ONCE 40€ / TWICE 70€ / SINGLE 15€
 FLEXIBILITY, YOGA, THERAPEUTIC, KIDS: ONCE 30€ / TWICE 50€ / SINGLE 10€
 PILATES: ONCE 35€ / TWICE 60€ / SINGLE 10€
 ONLINE CLASSES: 4 CLASSES 30€ / SINGLE 8€
 PRIVATE CLASSES: 30€ / HOUR

Sunday
 Acroyoga
 free training jam
 Playa los lagos
 Cotillo
 15:00

manipura
 CIRCUS ARTS