SCHEDULE FEBRUARY 2021

www.manipura.es / +34 696 70 22 41 / info@manipura.es

MON	TUE	WED	THU	FRI
16:30-17:30 **Yoga** Diana **18:00-19:00** **Handstands** Johanna **19:30-20:45** **Aerial** **Silks & Hoop** Lau & Jo	**10:00-11:00** **Flexibility** Laure **11:15-12:30** **Aerial** **Sikls & Hoop** Lau & Jo **12:45-14:00** **Aerial** **Sikls & Hoop** Lau & Jo **17:00-18:00** **Pilates** Jessica **18:15-19:30** **Pole Dance** Laure **19:45-21:00** **Pole Dance** Laure	**10:00-11:15** **Aerial** **Silks & Hoop** Lau & Jo **11:30-12:45** **Aerial** Silks & Hoop Lau & Jo **16:30-17:30** **Yoga** Diana **18:00-19:00** **Handstands** Johanna	**10:00-11:00** **Flexibility** Laure ★ **12:00-13:00** **Flexibility Online** Laure **17:00-18:00** **Pilates** Jessica **18:15-19:30** **Aerial** **Silks & Hoop** Lau & Jo **19:45-21:00** **Aerial** **Silks & Hoop** Lau & Jo	**10:00-11:15** **Pole Dance** Laure **11:30-12:45** **Pole Dance** Laure **19:15-20:15** **Therapeutic** **Movement** **for surfers** Martin

Corralejo
Calle Galicia 6

PRICES FOR DROP IN CLASSES

POLE DANCE, AERIAL SILKS & HOOP, PILATES: RESIDENTS 10€ AND VISITORS 15€
FLEXY, YOGA, HANDSTANDS, THERAPEUTIC: RESIDENTS 8€ AND VISITORS 10€
★ ONLINE CLASSES: 8€ & PRIVATE CLASSES: 30€ / HOUR

IF YOU RESERVE AND CANCEL LESS THAN 24 HOURS BEFORE THE COURSE, THE COURSE MUST BE PAID FOR

Sunday
Acroyoga
free training jam
Playa los lagos
Cotillo
15:00

manipura
CIRCUS ARTS