



Class Schedule Winter 2026



Mon	Tue	Wed	Thu	Fri
	11:00-12:00 Conditioning <i>All levels</i> Sheila		11:00-12:00 Conditioning <i>All levels</i> Sheila	
16:30-17:30 Circus Kids <i>All levels</i> Johanna		17:30-18:30 Aerial Silks & Hoop <i>Beginners</i> Johanna		18:00-19:30 Open Training aerial & pole
18:30-20:00 Aerial Silks <i>Inter/Adv</i> Johanna	18:30-20:00 Pole Dance <i>Inter/Adv</i> Laure	18:30-20:00 Aerial Hoop <i>Inter/Adv</i> Johanna	18:30-20:00 Pole Dance <i>Beg/Inter</i> Laure	
	20:00-21:00 Flexibility <i>All levels</i> Laure		20:00-21:00 Flexibility <i>All levels</i> Laure	

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